

 HUNTERDON HEALTHCARE FOUNDATION
ANNUAL FUND

**FALL
2017**



Dear Friends,

Hunterdon Healthcare and the Foundation that supports it remain focused on our founders' commitment to community partnership and quality healthcare. We also continue to look to the future to ensure that our services, our facilities and our healthcare professionals are skilled to provide a best-in-class experience. By supporting this personal health and healing experience, we strive to partner with our donors in an effort to build a truly holistic healing environment for our community.

This year, Hunterdon Healthcare made further steps toward this goal by expanding services to include a new multi-specialty practice building in Bridgewater, a comprehensive Cardiac Critical Care Unit, and two new urgent care centers. Our efforts proved fruitful for our service area by again ranking Hunterdon County the healthiest in New Jersey and Hunterdon Medical Center among the state's best hospitals (*Inside Jersey Magazine*).

Your ongoing financial support is critical for our success and for furthering a truly heartfelt relationship between you, the community and Hunterdon Healthcare. Your giving has, and always will, find its way back to you and the community, as the enclosed story of a recent patient shows.

Please consider joining our focus on the future through a contribution to our annual fund. Through this, we can continue to deliver unmatched patient care and the reward of health, wellness and healing that you and this community deserve. You can mail your donation in the enclosed envelope or you can donate online at foundation.hunterdonhealthcare.org.

Remember, giving comes back to you. Thank you so very much.

To your Health and Wellness,

 

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 **Hunterdon Healthcare**
Your full circle of care.
Hunterdon Healthcare Foundation

MR. JOSEPH FASS: A HUNTERDON HEALTHCARE “Whole-Patient” Story

“I have my life back; I like this new ‘normal,’” says Bridgewater, NJ, resident Joseph Fass, a 74-years-young devoted husband to Harriet (a healthcare worker), grandfather to four, and legendary salesperson (most recently of automobiles).

Joe is the quintessential “grateful patient,” and we are proud to bring you his story.

Joe became aware of his cardiovascular issues at 18 years old, when diagnosed with a heart murmur while registering for the U.S. Army Selective Service draft in the mid-1960’s. For the next 50 years, Joe’s cardiovascular care reflected the typical “cookie cutter” approach to health management, where uninterested physicians meet minimum standards, but never engage with patients to track important changes in their lives and conditions. In Joe’s case, in all that time, no doctor ever ordered a simple EKG, which would have revealed a great deal of underlying details necessary to understanding important health changes.

Joe came to Hunterdon Cardiovascular in late 2016 by recommendation of a local physician and members of his Temple Sholom

Bridgewater congregation. Building on a battery of initial evaluations, Dr. Yaser Elnahar took over Joe’s care at the beginning of 2017. Dr. Elnahar, a young accomplished cardiologist who trained at the highest level, embodies the Hunterdon Healthcare promise to “care for, not just attend to.”

Doctors across the Hunterdon Healthcare system remain ever-vigilant for interconnections among a patient’s conditions that impact overall health. Upon first review, Dr. Elnahar recognized that Joe’s cardiovascular health suffered because each new condition in his medical history had been treated separately.

Dr. Elnahar and his colleagues developed a tailored, proactive, comprehensive plan for Joe’s heart and his overall health. During the course of his Hunterdon Cardiovascular-directed treatment, Joe has overcome cardiovascular, gastrointestinal, and pulmonary issues. Hunterdon Healthcare professionals — led by Dr. Elnahar — are treating the “whole Joe”.

Joe once again enjoys his active lifestyle and time with family, especially his grandchildren. With no



Mr. Joseph Fass and Dr. Yaser Elnahar of Hunterdon Cardiovascular Associates

signs of slowing down, Joe continues to offer expert automobile sales advice, volunteers for a number of causes, and holds a governing leadership position at Temple Sholom in Bridgewater.

“Without Dr. Elnahar and his staff,” Joe says, “I probably would not be around today to tell my story!”

Joe Fass is living proof that Hunterdon Healthcare doctors treat the “whole patient”.

Written by Bill Healey, Director of Donor and Community Relations, Hunterdon Healthcare Foundation

Please help us continue to deliver unmatched patient care through a contribution to our annual fund. And remember, giving comes back to you!